



Group Fitness Waiver- 12 to 17 years of age
ARUP LABORATORIES, INC.
WELLNESS CENTER

IMPORTANT: THIS IS A LEGAL DOCUMENT.
PLEASE READ AND UNDERSTAND THIS DOCUMENT BEFORE SIGNING.
ASSUMPTION OF RISK AND WAIVER OF LIABILITY AGREEMENT
(FOR DEPENDENTS 12-17)

This Agreement must be completed to participate in the activities associated with the ARUP Health & Wellness Center. This waiver is applicable for up to 5 years from the date of signature.

Participant (print full name): _____ DOB: _____

Parent/Guardian Employee Name & Number _____

In return for willingly participating in any activities associated with or at ARUP’s Health & Wellness Center, I release and agree not to sue ARUP or the University of Utah, or their respective officers, employees, and agents, for any and all present and future claims that I may have or make, or my family, estate, heirs or assigns may have or make for property damage, personal injury or wrongful death arising as a result of my use of, or participation in activities at or associated with, ARUP’s Health & Wellness Center caused by any ordinary negligence of ARUP or the University of Utah. I understand that use of, or participation in activities at or associated with, ARUP’s Health & Wellness Center involves certain risks, including, but not limited to, serious injury or death. I voluntarily engage in and/or participate in the activities associated with the Health & Wellness Center with knowledge of the danger and agree to assume and accept all risks of such use and participation.

I certify that I am in appropriate physical health and that I am aware of my health status and/or limitations to engage in use of the Wellness Center. If I have concerns, it is up to me as the individual to consult a primary care physician and receive their guidance to use, and/or participate in fitness offerings at or associated with, the Health & Wellness Center. I acknowledge that as a dependent under 18 years of age I am required to be accompanied by a parent or caregiver to use the Wellness Center. I am not authorized to have an individual badge or take my parent and/or caregiver’s badge to use the Wellness Center or fitness classes independently. I agree to abide by all rules and regulations of the Wellness Center, including to not bring outside guests into the gym space. Only sponsored and verified spouses, dependents, and employees may use the ARUP gym for their workout needs. Those who violate bringing unauthorized individuals into the Wellness Center upon multiple attempts, risk suspension of access as this risks the health/safety of unverified individuals.

All dependents must be between the ages of 12-17 and accompanied/supervised by a verified parent/guardian. No dependents age 12-17 will receive a badge, as they

should be accompanied by their parent/guardian. Children below the age of 12 are not permitted to utilize the ARUP Wellness Center or its activities and fitness offerings.

Participant

Date

Parent/Guardian

Date